



Joldal Wellness Hub
Rejuvenation & Spa



Wellness & SPA

Experience authentic Ayurvedic
relaxation and therapeutic care

OUR SERVICE

Shirodhara Therapies

Takra Dhara – Medicated buttermilk

Taila Dhara – Medicated oil

Jala Dhara – Herbal water

Ayurvedic Therapies

Abhyanga – Full body Ayurvedic oil massage

Shiro Abhyanga – Head & scalp rejuvenation massage

Prishta Abhyanga – Back-focused therapy

Padabhyanga – Ayurvedic foot therapy

Adhoshaka Abhyanga – Lower body rejuvenation

Udvarthana – Herbal powder body therapy

Pinda Sweda – Herbal bolus fomentation

Swedana – Ayurvedic steam therapy

BOOK NOW

Working Hours

8 Am to 11 pm
4 Pm to 7 pm

By Appointment Only

Monday Holiday

Contact US

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9740930300